

# **Passion and Focus**

**HSC Membership**

**2/4/2020**

## Passion Defined

**Passion** is the compulsion to continually improve, develop, challenge, actively participate in, or create. It is inherently **action oriented** because passion is **the fuel** that drives action forward. It's not enough to be curious about something; we need passion to **ensure** the things we are curious about, want to change, or the ideas of what you could do or be don't "die on the vine." **We need passion to go from thinking to action.**

## Focus Defined

**Focus** is having a **clear understanding** of **what** you are doing and **why** you are doing it. To have and live with focus means to have an **ideal outcome**, clarity of the big picture, and **landmarks** you want to hit along the way. It doesn't mean knowing every step or how you will get there but it does mean that when an opportunity comes along you're **ready to jump** because you **already know** what you want to achieve.

**Where do you fall in regard to...**

**1. Our community goal of ending homelessness?**

**2. Connection and/or opportunities to connect with colleagues and those doing similar work in the community?**

**3. Connection and/or opportunities to connect with participants/clients/users of homeless services?**

**4. Having people in your life who can hold you accountable in your work and provide you with honest feedback?**



**5. Having hobbies/special interests that allow you to decompress and recharge?**